

# Instant access into Talking Therapies for your patients

## One Step

Give your patients the access link:

<https://berkshire.silvercloudhealth.com/signup>

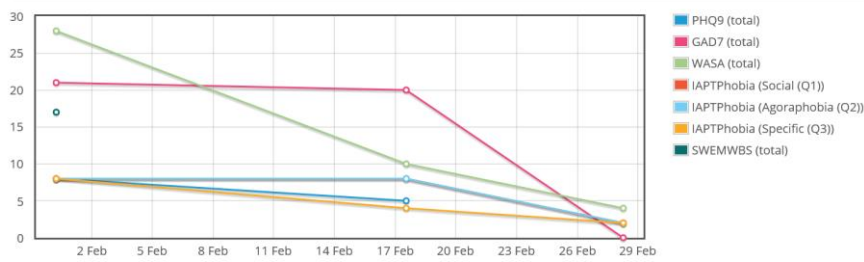
**They now have access to immediate online help, with full support from Talking Therapies appropriate to their needs**

Please give the link to any patients with:

Sleep problems	Stress
Depression	Perinatal
Anxiety	Type 2 diabetes

### What's the evidence? High recovery rates

**Example case study below:** This patient used our online programme at home with online support from a therapist with immediate results!



For more information contact Sarah Sollesse on 0300 365 2000